



## Adaptive Rowing for Athletes with Unique Needs

San Diego Rowing Club volunteers have started a regional adaptive rowing center for civilian and military adaptive rowers.

SDRC now has the equipment to support all classifications of athletes with unique needs due to private contributions and grant support by the USOC Paralympics organization and the Veteran's Administration.

With much-appreciated community support from individuals and entities - *including* record holder Angela Madsen, Concept2, WINTECH, Alden and the Rudy Project - we are committed to the success of this community outreach project. A warm thanks also goes out to Row Ontario and Row Canada folks who have also been extremely helpful!

Point of contacts:

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**The Club now supports monthly learn to row sessions for injured servicemen and wounded warriors.**

- We also host local challenged athletes for on-water and land fitness training.
- We were instrumental in the first ever Rowing segment of the Paralympics Sports Camp in October, 2010.
- The Club played a pivotal role in the first ever VA Summer Sports Camp held at the Chula Vista Olympic Training Center in September, 2011 and it's still going strong each year with over 100+ athletes learning to row.
- The Club's Coggeshall Center is accessible for all classes of adaptive rowers.

Some links of interest for this exciting international sports project:

1. [www.ncpad.org/myncpad/](http://www.ncpad.org/myncpad/) [3]
2. [youtube.com/watch?v=EQMTYYa37O4](https://youtube.com/watch?v=EQMTYYa37O4) [4]
3. [rowing.teamusa.org/multimedia/photo\\_gallery/488/photo/8869](http://rowing.teamusa.org/multimedia/photo_gallery/488/photo/8869) [5]
4. [usparalympics.org/sports/summer-paralympic-sports/rowing](http://usparalympics.org/sports/summer-paralympic-sports/rowing) [6]
5. [louisvillerowingclub.9forum.biz/f5-adaptive-rowing-program](http://louisvillerowingclub.9forum.biz/f5-adaptive-rowing-program) [7]
6. [groups.yahoo.com/group/AdaptiveRowing/](http://groups.yahoo.com/group/AdaptiveRowing/) [8]
7. [www.concept2.com/us/communities/adaptive/guidelines.asp](http://www.concept2.com/us/communities/adaptive/guidelines.asp) [9]
8. [www.rowoflife.com/](http://www.rowoflife.com/) [10]

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(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]||function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date());a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertBefore(a,m)})(window,document,'script','/www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-41075170-1', 'sandiegoring.org'); ga('send', 'pageview');
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**Source URL:** <http://www.sandiegoring.org/adaptive-rowing-athletes-unique-needs>

**Links:**

- [1] <mailto:chris@sandiegoring.org>
- [2] <mailto:df1975@gmail.com>
- [3] <http://www.ncpad.org/myncpad/>
- [4] <http://www.youtube.com/watch?v=EQMTYYa37O4>
- [5] [http://rowing.teamusa.org/multimedia/photo\\_gallery/488/photo/8869](http://rowing.teamusa.org/multimedia/photo_gallery/488/photo/8869)
- [6] <http://usparalympics.org/sports/summer-paralympic-sports/rowing>
- [7] <http://louisvillerowingclub.9forum.biz/f5-adaptive-rowing-program>
- [8] <http://groups.yahoo.com/group/AdaptiveRowing/>
- [9] <http://www.concept2.com/us/communities/adaptive/guidelines.asp>
- [10] <http://www.rowoflife.com/>